

MN714 Crisis Counseling
University of Dubuque Theological Seminary
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Instructor:
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Severance 208
563-589-3390

Letter Grade
2 Credits

This course equips students for pastoral care for individuals, families and congregations in crisis. Students will become familiar with common contexts that precipitate experiences of crisis, such as loss, transitions, violence, disasters and trauma. Skills in offering practical and spiritual care will be developed. Understanding the roles of various other providers of safety or care will enable effective partnership. Resources in preventing and mitigating crises through community/congregational education and preparedness will be studied and developed.

M.Div. Curricular Goals

This course helps fulfill the following M.Div. curricular goals:

1. Nurture habits and disciplines of study, prayer and reflection that increase love of God and neighbor and shape personal and professional life
2. Be formed by, live in, and minister out of scripture, and the historical and theological tradition of the church
3. Provide pastoral care for individuals and congregations in daily life and moments of transition and crisis
4. Integrate theology and practice in all areas of life and ministry

M.A.M.D. Curricular Goal

This course helps fulfill the following M.A.M.C. curricular goal:

1. Develop skills and capacities for faithful and competent Christian witness.

M.A.C.L. Curricular Goal

1. Nurture biblically and theologically informed, culturally sensitive leaders for the church and the world.

Class Objectives:

1. To develop understanding of crisis theory and the dynamics of trauma and trauma recovery.
2. To learn to partner effectively with other care providers during times of crisis or disaster – first responders, community and regional agencies, medical and mental health professionals.
3. To gain tools to assist congregations in developing safety plans, and in building resilience and disaster-preparedness.
4. To develop theological understanding and pastoral skill in caring for those experiencing crisis or trauma, including those wounded by the effects of sin in a fallen world (violence, abuse, oppression).

5. To become familiar with common contexts for crisis and trauma.

Bibliography

Selections from each of the following:

Herman, Judith Lewis. *Trauma and Recovery: The Aftermath of Violence, from Domestic Abuse to Political Terror*. Rev. ed. New York: Basic Books, a member of the Perseus Books Group, 2015.

Hunsinger, Deborah van Deusen. *Bearing the Unbearable: Trauma, Gospel, and Pastoral Care*. Grand Rapids Michigan: William B. Eerdmans Pub. Company, 2015.

Kraus, Laurie, David Holyan and Bruce Wismer. *Recovering from Un-Natural Disasters: A Guide for Pastors and Congregations after Violence and Trauma*. Louisville, Kentucky: Westminster John Knox Press, 2017.

Stone, Howard W. *Crisis Counseling*. 3rd ed. Minneapolis, Fortress Press, 2009.

Prepare to Care: Basic Disaster Ministry for Your Congregation. 10th Ed. New York: Church World Service, 2009. Available on the web.